

Best Stuff Made In The Valley



book ▾



product ▶



CLASSY TO THE CORE

▶ Best friends and now business partners, Athelia CK Woolley and Emily Bell McCormick spent their undergrad years at BYU looking for conservative yet chic clothing. After a fruitless search for a cure to the frumpy skirt and sweater set, they designed their own chic antique apparel — Shabby Apple.

Five percent of the net proceeds goes to support working women in India. The new Shabby Baby line, which hits shelves in February with modest, offers modern dresses for little girls. Visit www.shabbyapple.com for a “taste” of the fashion.

KIDS IN A CANDY SHOP

▶ It’s no secret that sweets have supernatural sway. But for four young friends, lemon drops defy the rules of reality in “The Candy Shop War.”

Enticed by charmed candy, the four search for a hidden talisman and battle magical strangers.

Brandon Mull, who is a Highland resident and New York Times bestselling author, takes readers on a treacherous yet tasty treasure hunt.

Visit www.shadowmountain.com to get the sweet scoop.

MATTERS OF THE MIND

▶ Forget mercury and mad cow woes — true danger is in our thoughts.

But there is a cure in mind.

My Mind Makeover, based in Springville, is determined to banish negative thoughts with their positive-thinking program. The “My Mind Makeover” software



▶ cd

can re-train your brain in a few simple steps: First, set up the software CD and select your favorite positive affirmations from more than 100 statements. Second, record the affirmations

in your own voice. Third, mix your recording with music from the software. Then, save it as an MP3 or burn to a CD. Finally, listen to your program for a daily dose of positive thinking.

To learn more visit www.mymindmakeover.com.

THE SWEET LIFE

▶ Healthy habits are swarming with nods to all things natural. And Lehi is home to one such product refusing to go faux — Knight Family Honey.

Lee Knight became interested in honing his honey skills after spotting a snapshot of his great-grandparents tending a colony of bees.

The rest is hive history.

Now oozing its way out of more than 200 colonies in Utah County, the company’s honey is down right raw, having never been heated or treated with pesticides.



▶ food

Favorite forms of the tasty sticky stuff include flavors like creamy honey butter and pumpkin alfalfa blossom honey.

Buzz on over to www.knightfamilyhoney.com to find local events where the sweet stuff is sold.

ON THE TRAIL AGAIN

▶ Cops and robbers, sheriffs and bandits — no matter how you spin it, the chase in “Outlaw Trail” is a cinema classic.

The film, created by the team from “Saints and Soldiers,” follows 16-year-old “good guy” Roy Parker and a group of meddling museum men on a search for the lost treasure of infamous bank robber Butch Cassidy.

Set in the 1950s in a fictional Jefferson City, the movie was shot in familiar valley territory including Provo Canyon, Mapleton and Alpine. Big-screen stars such as Bruce McGill from “Cinderella Man” and Arielle Kebbel from “Aquamarine” top the credits.

Visit www.deseretbook.com to get in on the action.



film ▶